

CLIMATE FRIENDLY BUSINESS



TOP (10) TIPS FOR ACTION

Climate Action Fife works with small and medium sized businesses, community buildings and third sector organisations to help them reduce their energy use and food waste.

Why should business take action? Because it will result in significant, measurable carbon savings and help tackle the climate emergency. And because people want to see businesses taking action on climate change.

We have produced a handy "top 10 tips checklist" to help businesses in Fife take the first steps towards reducing energy use and cutting down food waste.

The top 10 actions your business can take right now are:

STOP ENERGY LEAKS

Some connections, such as chargers. continue to draw some power when not in use - switch off anything that is not in use, including lights.



BE CANNY WITH YOUR KITCHEN APPLIANCES

A full freezer uses less energy than an empty one, but refrigerators require more empty space to work efficiently. Appliances with a light or clock, such as a microwave, use power to run these applications, so switch off at the wall when not in use.



MONITOR YOUR ENERGY USE

Taking regular meter readings helps you to better understand your energy usage and avoid unexpected energy bills. Using an energy monitor can give you more detailed information.



CHECK YOUR SETTINGS

Use your heating controls, including any room thermostats and radiator controls, to set a comfortable temperature in each room and avoid additional room heaters or unnecessary cooling. Make sure you set any timers, too.



CONSERVE WATER

Ensure immersion heaters not in use are turned off. All water processing requires energy so make sure all taps are leak-free and turned off after use.



BE CREATIVE WITH YOUR MENUS TO AVOID FOOD WASTE

Are some dishes more popular than others? Remove dishes that don't sell. Use leftovers and off cuts creatively, and "complete-eat" e.g. eat the whole ingredient by using stalks and peelings for stocks and sauces, and serve some vegetables in their skins.



DONATE SURPLUS FOOD

Get to know food organisations in your area that can use your surplus food. It must be still safe to eat: it can be used in community meals, community pantries and other community activities.



STOP GOOD FOOD BEING THROWN AWAY

If you serve food to the public, check your food stock regularly and order only what you need the most. Label food as it comes in and use older items first. Support local suppliers who will have fresher produce that will last longer.

MAKE YOUR FOOD GO FURTHER

A source of reusable containers in your premises and buildings are useful for taking home leftovers. Encourage people to offer and take away a 'Food to Go' box with leftover food that can be eaten later.





TALK TO YOUR STAFF AND **PEOPLE USING YOUR PREMISES**

Whether you are a business, building or organisation, we can all reduce food waste. Tell people about the benefits of reducing food waste, what you can do to stop food being thrown away; and encourage their ideas to make changes. Celebrate everyone's contribution.

Do you need support to implement some of these changes? Then get in touch with us at hello@climateactionfife.org.uk







