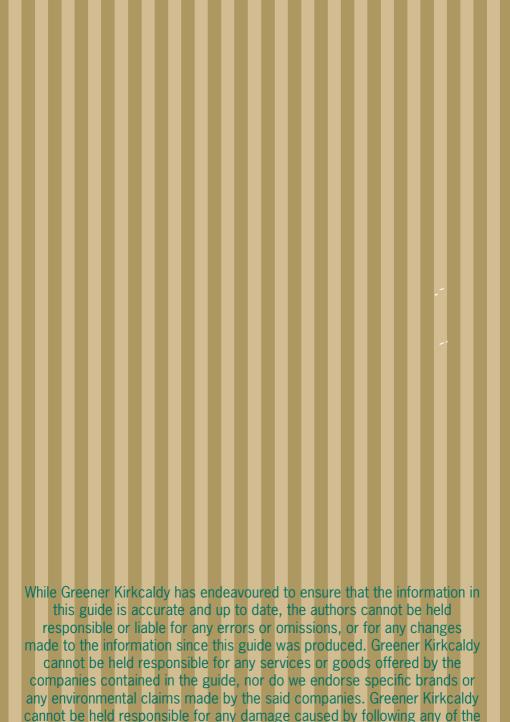
# Kirkcaldy Reuse & Repair Guide

A guide to where you can get things fixed, buy second hand and sell or donate unwanted goods in Kirkcaldy







suggestions contained in this guide, which are purely advisory in nature.

# Introduction

Welcome to the third edition of the 'Kirkcaldy Reuse and Repair Guide', a guide to where you can get things fixed, buy second hand, sell or donate in Kirkcaldy.

In Fife, our recycling rate is approximately 51%, but the overall amount of waste we dispose of is still very high and many of the things we throw away or send to recycling centres are still useable. Something that you don't want anymore could be re-used by someone else, or could be given a new lease of life by being repaired. We can also reduce production of new items by buying second hand.

This guide is part of our Zero Waste Kirkcaldy project, working with the local community to reduce waste by reducing, reusing and repairing. We'd like to show people that reducing is easy, and can make a big difference in Kirkcaldy, as well as the rest of the world.

The guide is by no means conclusive and we hope to regularly update it. If you come across any businesses or organisations in Kirkcaldy that you feel should be included, or if you have an item not mentioned that you would like to see in this guide, please contact us:

#### **Greener Kirkcaldy**

8 East Fergus Place, Kirkcaldy, KY1 1XT 01592 858458 info@greenerkirkcaldy.org.uk www.greenerkirkcaldy.org.uk



@greenerkdy



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# Reuse and Reduce

Places to buy second hand, sell, donate or swap things

## Charity Shops in Kirkcaldy

#### **Barnardos**

249 High Street, KY1 1JF Mon-Sat 9-5 & Sun 11-4 01592 264313 www.barnardos.org.uk

#### **British Heart Foundation**

221-223 High Street, KY1 1JF Mon-Sat 9.30-5 & Sun 12-4 01592 646531 www.bhf.org.uk

#### **The Cairn Centre**

83-85 Dunnikier Road, KY1 2QW Mon-Fri 10-4 01592 644060 www.trustinfife.org.uk/the-cairn-centre

#### Cancer Research UK

198-200 High Street, KY1 1LR Mon-Sat 9.30-5 & Sun 12-4 01592 263209

www.cancerresearchuk.org

#### **Capability Scotland**

206-210 High Street, KY1 1HN Mon-Sat 9.45-5 01592 329566 www.capability-scotland.org.uk

# Chest, Heart & Stroke Scotland

189 High Street, KY1 1JA Mon-Sat 10-5 & Sun 11-4 01592 269305 www.chss.org.uk

#### **Marie Curie Cancer Care**

174 High Street, KY1 1JW Mon-Sat 9.30-5 & Sun 11-5 01592 643837 www.mariecurie.org.uk

#### **PDSA**

170 High Street, KY1 1JW Mon-Sat 9-5 & Sun 11-4 01592 646701 www.pdsa.org.uk

#### **Salvation Army**

Mercat Centre, KY1 1LW Mon-Sat 9-5 01592 265928 www.salvationarmy.org.uk

#### **Shelter**

167 Links Street, KY1 1QR Mon-Sat 9-5 & Sun 10-4 01592 260571 www.scotland.shelter.org.uk

#### Internet reuse sites

You can buy and pick up pre-loved items or advertise items you would like to give away or sell on local and national second hand internet sites.

#### **Ebay**

www.ebay.co.uk

#### **Facebook Marketplace**

www.facebook.com/marketplace Items for sale and free

#### **Facebay Fife**

(<u>Facebook Group</u>) Items for sale and free

#### **Freecycle**

www.freecycle.org Items for free

Don't know what to do with an item, or need it picking up?

Call the Re-Use Line 0800 0665 820

#### **Freegle**

www.ilovefreegle.org

#### **Gumtree**

www.gumtree.com
Items for free and for sale

#### **Vestiaire Collective**

www.vestiairecollective.com Luxury fashion items for sale





# Baby and children's clothes and items

Many **charity shops** and **reuse internet sites** sell and accept baby and children's clothes and items that are clean and in good working order. It is best to check with your local shop.

#### **Fife Real Nappy Library**

www.facebook.com/ FifeRealNappyLibrary Borrrow real nappies

#### Mum2mum market

www.mum2mummarket.co.uk
Buy and sell baby clothes, toys
and items

#### Bikes and accessories

#### **Bikeworks**

Unit 4, Castleblair Business Park, Glenrothes, KY7 5QR Mon-Fri 9-5 01592 751500 www.fifebikeworks.org.uk



#### **Gallatown Bike Hub**

Gallatown Park, KY1 3EW Thur & Fri 10-4 07434 699365 www.facebook.com/gallatownbikehub

#### Books

Most **charity shops** and **reuse internet sites** sell and accept books.



# Clothes, accessories and jewellery

Many **charity shops** and **reuse internet sites** sell and accept clean clothes, shoes, accessories and jewellery in good condition.

A.K Campbell & Son

277 High Street, KY1 1JH Tue-Sat 10-4 01592 264305 Jewellery

#### **Ramsdens**

90 High Street, KY1 1NQ Mon-Sat 9-5 01592 640371 Jewellery



UK households have an average of £4000 worth of clothes - but 30% haven't been worn in the last year!

# Electrical goods: household, white goods, IT and small electricals

Most **charity shops** and **reuse internet sites** accept donations of, and sell, CDs, DVDs and video games, and some accept and sell electrical items if they are still in good working order.

#### CeX

111 High Street, KY1 1LW Mon-Sat 9-5.30 & Sun 11-4.30 https://uk.webuy.com
Buy, sell and exchange CDs, DVDs, games and small electrical devices/accessories.

#### **Furniture Plus**

7-21 Alexander Street, Dysart, KY1 2XX Mon-Sat 10–5 & Sun 10.30-3.30 01592 654546

#### www.furnitureplus.org.uk

Household appliances, white goods and small electricals. Also recycle old IT equipment and phones.













# Furniture, home furnishings and household items

Many **charity shops** and **reuse internet sites** sell and accept donations of furniture, home furnishings, and other household items that are in a reasonably good condition.

#### Andy's Buy & Sell

93 Dunnikier Road, KY2 5AN Mon-Fri 10-5 & Sun 10-4 01592 202052 www.facebook.com/ AndysBuyandSell/

#### **Furniture Plus**

7-21 Alexander Street, Dysart, KY1 2XX Mon-Sat 10–5 & Sun 10.30-3.30 01592 654546 www.furnitureplus.org.uk

#### **4eyedimensions**

Olympia Arcade, KY1 1QZ 07983276107 www.facebook.com/4eyeDimensions/Upcycling and upholstery





### Musical Instruments

#### **Forth Music**

293 High Street, KY1 1JH Tue-Fri 10-5.30 & Sat 10-5 01592 328558 www.forthmusic.co.uk

# Repair

#### Places to get things fixed

#### **Bikes**

#### **Bikeworks**

Unit 4 Castleblair Business Park, Glenrothes, KY7 5QR Mon-Fri 9-5 01592 751500 www.fifebikeworks.org.uk

#### **Dave's Bike Shed**

23 Morayvale, Aberdour, KY3 0XE 01383 860199 07772948568 www.dayesbikeshed.co.uk

#### **Gallatown Bike Hub**

Gallatown Park, KY1 3EW Thur & Fri 10-4 07434 699365 www.facebook.com/ gallatownbikehub

#### **Halfords**

Fife Central Retail Park, KY2 6QL Mon-Fri 9-8, Sat 9-6 & Sun 10-5 01592 642258 www.halfords.com

# Clothes, accessories and jewellery

#### A.K Campbell & Son

277 High Street, KY1 1JH Tue-Sat 10-4 01592 264305 Jewellery cleaning and repairs

#### **Cobblers and Keys**

Kirkcaldy Indoor Market, KY1 1JT Mon-Sat 9-5 & Sun 11-4 01592 597251

#### **Eloise Jewellery**

156 High Street, KY1 1NQ Mon-Sat 9.30-5.30 01592 646340 www.eloiseoriginal.co.uk

#### Fits U Well

Kirkcaldy Indoor Market, KY1 1JT Mon-Fri 9-4.45 & Sat 9-5 07450147004 www.facebook.com/Fits-U-Well

#### Fit'z Fine

30 Hunter Street, KY1 1ED Tue-Fri 9.30-5 & Sat 9.30-2.30 07955075020 http://fitzfine.simdif.com/

#### **Master Stitch**

45 High Street, KY1 1LL Wed-Fri 9-6, Sat 10-5, Sun 10-2, Mon 2-6 01592 268238

#### The Jewellery Workshop

5 Kirk Wynd, KY1 1EH Tue-Sat 10-4 01592 642950

# Computers, laptops, IT equipment and accessories

#### **Computer Repair Centre**

25 Whytescauseway, KY1 1XF Mon-Sat 9-5 01592 323334 www.facebook.com/kirkcaldypcrepair

#### Fife IT Support

01592 568881 07919185484 www.fifeitsupport.co.uk

#### **Timpson**

101 High Street, KY1 1JW Mon-Sat 8.30-5 01592 269456 www.timpson.co.uk Shoe and watch repairs



#### **DBC**

Kirkcaldy Indoor Market, KY1 1JT Mon-Sat 9-5 & Sun 11-4 01592 562476

# Furniture, home furnishings and household items

#### Andy's Buy & Sell

93 Dunnikier Road, KY1 2NJ 01592 202052 www.facebook.com/ AndysBuyandSell/



#### **4eyedimensions**

Olympia Arcade, KY1 1QZ 07983276107 www.facebook.com/4eyeDimensions/ Upholstery and repairs

#### **Fraser Interiors**

6 Factory Road, KY1 2NJ 01592 642220

#### James Thomson & Son Ltd

10 Viceroy Street, KY2 5HT 01592 593030 www.jamesthomsonandson.co.uk

# Mobile phones, tablets and accessories

#### **Autosave Car Parts & Accessories**

Kirkcaldy Indoor Market, KY1 1JT Mon-Sat 9.30-5 & Sun 11-4 01592 590090

www.facebook.com/Autosavekirkcaldy

#### **DBC**

Kirkcaldy Indoor Market, KY1 1JT Mon-Sat 9-5 & Sun 11-4 01592 562476

#### Fife IT Support

01592 568881 07919185484 www.fifeitsupport.co.uk

# Musical Instruments

#### **Broken Chords**

21 Saint Kilda Crescent, KY2 6DW Mon-Fri 9.30-8 & Sat 9.30-5 07704172888 http://brokenchords.co.uk

#### Tools

#### **SIIS Limited**

Units 3 & 4 Muirhead, Mitchellston Industrial Estate, KY1 3PE Mon-Fri 7.30-5 & Sat 8-12 01592 650025 www.siis.co.uk



#### **Fone City**

130 High Street, KY1 1NO Mon-Sat 9-6 & Sun 11-5 01592 264755

#### **Phone Fix**

39 High Street, KY1 1LL Mon-Sat 9-6 & Sun 11-4

#### **Forth Music**

293 High Street, KY1 1JH Tue-Fri 10-5.30 & Sat 10-5 01592 328558 www.forthmusic.co.uk



#### **Techno Tool Repair Ltd** 144 St. Clair Street. KY1 2BZ 01592 650721

# TVs, DVD players & game consoles



#### **Computer Repair Centre**

25 Whytescauseway, KY1 1XF Mon-Sat 9-5 01592 323334 www.facebook.com/ kirkcaldypcrepair Repair game consoles

#### **TV Repairs & Tune Ins**

127 Kidd Street, KY1 2EE 07554719254

## **Sewing Machines**

#### **Sew Yarn Crafty**

61 High Street, Dunfermline, KY12 7DL Mon-Sat 9-5 01383 723995 https://sewyarncrafty.co.uk



# White goods and appliances

#### **Den Electrics**

38 Melville Place, KY2 5SL Mon-Wed 9-7, Thur 9-6, Fri 12-6, Sat 10-5 01592 204664 07756512841



Main Street, Halbeath, KY11 8EE 07850797105
www.facebook.com/
fifewashingmachinerepairs.co.uk
Mobile repair service



# Recycle

#### For those things that simply can't be reused or repaired

For those things that simply can't be repaired and are not in good enough working order to donate or sell, you can take them to a community recycling centre. Find out what can and can't be recyled been work findings.

here www.fifedirect.org.uk/recycling

#### **Kirkcaldy Recycling Centre**

Denburn Road, KY1 2HD October to March: 9-5 April to September: 9-5.45

Closed Tuesdays

Closed for lunch between 12.45 and 1.30

Fife Council Recycling Helpline 03451 55 00 22 (lines open 8-6)

#### **Batteries**

Lots of shops will take your old batteries. If you can't see a collection box, ask if they have one. There is a collection box in the Greener Kirkcaldy building.

#### Pens

#### **Rymans**

186 High Street, KY1 1JW 01592 206524 Mon-Sat 9-5 & Sun 12-4



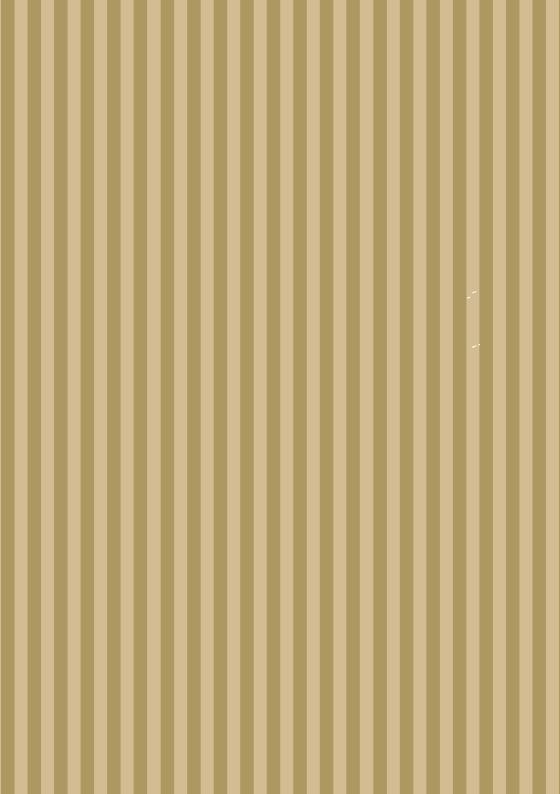
# Printer Cartridges

#### **Greener Kirkcaldy**

8 East Fergus Place, KY1 1XT 01592 858458 Mon, Tue, Thur, Fri 9.30-4.30 & Wed 12-4.30

#### **Rymans**

186 High Street, KY1 1JW 01592 206524 Mon-Sat 9-5 & Sun 12-4



Greener Kirkcaldy is a community-led charity and development trust working on a local scale to benefit people and our environment. We would like to see a future where everyone is able to heat their home affordably, eat well, and tread more lightly on our planet. We work towards that by delivering projects to meet the needs and aspirations of local people: tackling fuel and food poverty, protecting and enjoying the environment, and bringing the community together.

We've developed this 'Kirkcaldy Reuse and Repair Guide' to tell people where they can get things fixed, buy second hand, sell or donate unwanted goods. Reducing, reusing and repairing is not only good for the environment, it's good for our pockets too.

For more information, to get involved, and to find out about upcoming events, visit our website:

www.greenerkirkcaldy.org.uk or call us on 01592 858458.





